

Sunday

Burlington

6:30 pm [Burlington AFG](#)
Closed First Reformed United Church of Christ
513 W. Front Street

Chapel Hill

7:30 pm [Orange Sunday Night Adult Child AFG](#)
Closed Chapel of the Cross Episcopal Church
NHA 304 E. Franklin St.

Durham

8 pm [Step Study AI-Anon Group](#)
Open Duke Memorial Methodist Church
504 W. Chapel Hill St.
Enter Memorial St

Fuquay-Varina

7:00 pm [Southern Wake AFG](#)
Closed First United Methodist Church
402 North Main St
enter breezeway door behind sanctuary

Raleigh

4 pm [Craddock AI-Anon ACOA Group](#)
Open Fairmont United Methodist
NHA 2501 Clark Ave
7:00 pm [Evening Meditation Group AFG](#)
Open St. Francis of Assisi Church LaVerna Center
NHA 11041 Leesville Road
No meetings on major holidays

Monday

Cary

8 pm [Monday Night Serenity](#)
Open Greenwood Forest Baptist Church
110 South East Maynard Road
Discussion, Step Study 3rd Monday

Chapel Hill

7:30 pm [Progress not Perfection Step Study](#)
Closed Friends Meeting House
531 Raleigh Road

Durham

7:30 PM [Monday Men's Meeting AFG](#)
Closed Cedar Fork Baptist Church
NHA 5117 Miami Blvd

Franklinton

6:30 pm [How Important Is It AFG](#)
Open Franklinton Baptist Church
102 West Mason Street

Garner

8 pm [LakeSide AFG](#)
Closed Presbyterian Church of Garner
503 Lakeside Drive

Graham

8 pm [New Life Discussion AFG](#)
Closed Historic Providence Christian Church
819 North Main Street

Pittsboro

7:00 pm [Pittsboro Serenity Seekers AFG](#)
Open Chatham Community Church
480 Hillsboro Street
Suite 800

Raleigh

11:00 am [Munford AFG](#)
Open Unity Church of the Triangle
NHA 5570 Munford Road
8 pm [Monday Night How It Works](#)
Open Hudson Memorial Presbyterian Church
NHA 4921 Six Forks Road
Enter north side of bldg, Geneva Hall.

Tuesday

Apex

7 pm [Easy Does It AFG](#)
Closed Apex United Methodist Church
100 S. Hughes Street
Fellowship Hall
Fellowship Hall (between Hughes and Olive Streets)

Burlington

8 pm [Burlington AFG](#)
Closed First Reformed United Church of Christ
NHA 513 W. Front Street
Parlor on 2nd floor

Cary

7:30 PM [Courage Strength and Hope](#)
Closed Cary Presbyterian Church
NHA 614 Griffis St.

Chapel Hill

7 am [Tuesday Morning Early Bird AFG](#)
Closed Binkley Memorial Baptist Church
1712 Willow Drive
1 pm [Tuesday Serenity AFG](#)
Closed Binkley Baptist Church
1712 Willow Drive
Room 17
8 pm [Chapel Hill/Carrboro AFG](#)
Closed Friends Meeting House
531 Raleigh Road

Durham

Noon [Downtown Durham Lunchtime AFG](#)
Closed First Presbyterian Church
305 E. Main Street
East Parlor
Park in rear; get parking pass from office.
6 pm [Language of Hope AFG](#)
Closed Mt. Sylvan United Methodist Church
5731 N. Roxboro Road
Room #16
7:30 pm [Alexander Ave. AFG](#)
Closed Durham Friends Meeting
404 Alexander Avenue
Adult children focus, but all are welcome.

Raleigh

8 pm [AFG at Westminster](#)
Open Westminster Presbyterian Church
301 East Whitaker Mill Road
at rear of church, downstairs

Wednesday

Alamance

10 am [We Care AFG](#)
Closed Alamance Lutheran Church
4008 Route 62 south

Burlington

3:00 PM [Hope In The Afternoon AFG](#)
Open Twin Lakes Retirement Community
3745 Wade Coble Drive

Cary

8 pm [One Day At A Time AFG](#)
Closed Christ The King Lutheran Church
600 Walnut Street
Rotating discussion, step -- beginners mtg

Chapel Hill

Noon [Lunch Bunch AFG](#)
Open St. Thomas More Catholic Church
940 Carmichael Street
8:00 pm [Fireside Newcomers 123 AFG](#)
Open Friends Meeting House
531 Raleigh Road

Durham

8 pm [United AFG](#)
Closed Pilgrim United Church of Christ
3011 Academy Road

Raleigh

10:30 am [Westminster Butterflies](#)
Closed Westminster Presbyterian Church
NHA 301 East Whitaker Mill Road
Enter rear of church, go downstairs

6:30 pm [Circle of Hope](#)
Closed North Raleigh UMC
8501 Honeycutt Road

8 pm [Hayes Barton AFG](#)
Open White Memorial Presbyterian Church
1704 Oberlin Road
Basement Calvin Bldg

Youngsville

12:00 pm [Seekers of Serenity AFG](#)
Open Wake Forest Alano Club
NHA 932 Cross Street

Thursday

Cary

7:30 pm [Courage To Change AFG](#)
Open Triangle Alano Club
177 High House Road

Chapel Hill

6 pm [Serenity at Seven Beginner's Meeting](#)
Closed Christ United Methodist Church
101 Market Street
7 pm [Serenity At Seven AFG](#)
Closed Christ United Methodist Church
101 Market Street
8 pm [Chapel Hill AFG](#)
Closed Binkley Baptist Church
1712 Willow Drive
Enter near Univ Mall. Meet in the Sunroom.

Durham

Noon [RTP Munch Bunch](#)
Closed Lowe's Grove Baptist Church
4430 South Alston Avenue
RTP

Graham

7:00 pm [Learning to Live AFG](#)
Closed Historic Providence Christian Church
NHA 819 N. Main Street

Raleigh

8 pm [12 & 12 AFG](#)
Closed Grace Lutheran Church
5010 Six Forks Road
8 pm [Hope AFG](#)
Closed Holland United Methodist Church
9433 Ten Ten Rd
Looking at front of older end of church, enter first door to right.

Roxboro

7 pm [Roxboro AFG](#)
Open Long Memorial United Methodist Church
226 North Main Street
Side entrance

Wake Forest

6:30 pm [Keep It Simple AFG](#)
Open Wake Forest United Methodist Church
905 South Main St.
upstairs

Friday

Chapel Hill

1:00 pm [Friday TGIF AFG](#)
Closed Binkley Baptist Church
1712 Willow Drive
Room 17
7:30 pm [Blue Heaven Adult Children AFG](#)
Closed Chapel of the Cross Episcopal Church
304 E. Franklin St.
Beside Morehead Planetarium

Durham

Noon [Downtown Durham Lunchtime Meeting AFG](#)
Closed First Presbyterian Church
305 E. Main Street
East Parlor
Park in rear; get parking pass from office.

6:30 pm [LGBT Triangle Recovery AFG](#)
Open Eno River Unitarian Universalist Fellowship
4907 Garrett Road
Care Building/Rooms 4&5

Garner
8 pm [Promises AFG](#)
Closed Garner United Methodist Church
201 Methodist Drive
Off Vandora Springs Road

Raleigh
10:30 am [Focus on Serenity AFG](#)
Closed Saint Philip Lutheran Church
7304 Falls of Neuse Road

Noon [TGIF AFG](#)
Closed Church of the Good Shepherd
125 Hillsborough Street
Parking circle front Life Ctr; lot behind church

Wake Forest
Noon [Listen and Learn AFG](#)
Open Bada Bean Coffee House
938 Gateway Commons Circle

Warrenton
8 pm [Warrenton Al-Anon Family Group](#)
Open Wesley Memorial United Methodist Church
210 N. Main St
Use side entrance.

Saturday

Cary
9:30 am [Courage To Change AFG](#)
Open Triangle Alano Club
177 High House Rd

Chapel Hill
10 am [Saturday Morning Live Beginners](#)
Closed Binkley Baptist Church
1712 Willow Dr.
off 15-501 beside Univ Mall

11 am [Saturday Morning Live AFG Adult Children](#)
Closed Binkley Baptist Church
1712 Willow Dr.
off 15-501 beside Univ Mall

8:30 am [SML Early Bird Meeting](#)
Closed Binkley Baptist Church
1712 Willow Dr.
Off 15-501 beside University Mall.

Durham
5 pm [Serenity for Today AFG](#)
Open Durham Alano Club
400 Crutchfield St Unit A

Raleigh
10:30 am [Free Spirit Al-Anon](#)
Closed St George's Anglican Church
1210 Dixie Trail
Near Wade Ave.

The meetings are non-smoking and handicap accessible. Meetings that are not handicap accessible are noted with "NHA"

CLOSED meetings are limited to members and

Alateen Meetings

Sunday

Durham
8 pm [Sharing And Caring Alateen](#)
Duke Memorial United Methodist Church
504 W Chapel Hill St.

Monday

Raleigh
8 pm [Monday Night Kids Alateen](#)
Hudson Memorial Presbyterian Church
4921 Six Forks Road
(Ages 8-12)

8:00 pm [Survivors Alateen](#)
Hudson Memorial Church
4921 Six Forks Road
(Ages 13-19)

Spanish Speaking Meetings

Sunday

Apex
6:30 pm [Esperanza GFA \(Hope AFG\)](#)

203 E Moore St.

Monday

Clayton
7:00 PM [Razon para Vivir \(Lunes\)](#)

4057 US-70 Business W

Wednesday

7:00 PM [Razon para Vivir \(Miércoles\)](#)

4057 US 70 Business W.

AL-ANON / ALATEEN

FAMILY GROUPS

MEETING SCHEDULE

District 6 meetings are held in the following counties: Alamance, Caswell, Chatham, Durham, Franklin, Granville, Orange, Person, Vance, Wake, and Warren.

24-hour Answering Service

(919) 713-1516

District 6 Al-Anon/Alateen Web Site

www.alanonalateen6nc.org

Area 42 Al-Anon/Alateen Web Site

www.ncbermudaafg.org

Al-Anon/Alateen World Service Office

1-800-344-2666

www.al-anon.alateen.org

Al-Anon/Alateen Service Office

9:00 am - 5:00 pm Monday - Thursday (Closed Friday)

3509 Haworth Drive, Suite 200

Raleigh, NC 27609 - 919-787-1653

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When two or more relatives or friends of alcoholics meet to solve their common problems, they may call themselves an Al-Anon family group, provided that, as a group, they are self-supporting and have no outside affiliation. A directory listing does not endorse any group or its practice of the traditional Al-Anon program. Alateen meetings consist of younger family members assisted by an Al-Anon sponsor.

Created February 21, 2018